

# Weekly Reflection Journal

*From Seed to Harvest*

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*"Now he who supplies seed to the sower and bread for food  
will also supply and increase your store of seed and will  
enlarge the harvest of your righteousness."*

**2 Corinthians 9:10**

## HOW TO USE THIS JOURNAL

- Your weekly companion — from Monday intention to Saturday reflection.
- Write freely — this is between you and God. There are no wrong answers.
- Revisit your entries on Sunday catch-up day and track your growth over 5 weeks.

# Why You Should Grow Your Money

*The mindset behind investing*

## SCRIPTURE FOR THIS WEEK

*"For God has not given us a spirit of fear, but of power and of love and of a sound mind."*

**2 Timothy 1:7**

### 01 MY WEEKLY INTENTION

*Mon · What is your relationship with money right now? Write it down honestly.*

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### 02 SCRIPTURE REFLECTION

*Tue · What is God saying to me through this week's scripture?*

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### 03 MID-WEEK CHECK-IN

*Wed · What is one thing you spend money on regularly that does NOT align with where you want to be financially?*

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# Why You Should Grow Your Money

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## 04 WHAT I LEARNED THIS WEEK

*Sat · What shifted in your thinking about money and investing this week?*

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## 05 MY ACTION STEP

*Sat · One practical step I will take this week to begin stewarding my money differently:*

*This week I will:*

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*By this date:*

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*I will know I have done it when:*

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## 06 MY PRAYER

*· Lord, I bring my relationship with money before You. Help me to see it the way You do...*

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# How to Grow Your Money

*Building sustainable strategies*

## SCRIPTURE FOR THIS WEEK

*"Dishonest money dwindles away, but whoever gathers money little by little makes it grow."*

**Proverbs 13:11**

### 01 MY WEEKLY INTENTION

*Mon · What is ONE new investment concept you will learn this week and share with the group by Friday?*

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### 02 SCRIPTURE REFLECTION

*Tue · What is God saying to me through this week's scripture?*

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### 03 MID-WEEK CHECK-IN

*Wed · On a scale of 1-10, how confident do you feel about investing right now? What one word describes how you feel?*

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# How to Grow Your Money

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## 04 WHAT I LEARNED THIS WEEK

*Sat · Which investing strategy or instrument resonated most with you this week, and why?*

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## 05 MY ACTION STEP

*Sat · One financial strategy I will research or begin to implement in the next 7 days:*

*This week I will:*

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*By this date:*

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*I will know I have done it when:*

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## 06 MY PRAYER

*· Father, I commit to building wealth Your way — steadily and with integrity. Guide my steps...*

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# Keeping the Money You Grow

*Identifying & leveraging tax laws*

## SCRIPTURE FOR THIS WEEK

*"The plans of the diligent lead to profit as surely as haste leads to poverty."*

**Proverbs 21:5**

### 01 MY WEEKLY INTENTION

*Mon · What tax-advantaged account is available to you in your country — and are you currently using it?*

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### 02 SCRIPTURE REFLECTION

*Tue · What is God saying to me through this week's scripture?*

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### 03 MID-WEEK CHECK-IN

*Wed · Did you look up your country's tax-advantaged account this week? What did you find?*

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## Keeping the Money You Grow

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### 04 WHAT I LEARNED THIS WEEK

*Sat · What tax strategy or concept was most eye-opening for you this week?*

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### 05 MY ACTION STEP

*Sat · One thing I will do to be more intentional about keeping and protecting my wealth:*

*This week I will:*

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*By this date:*

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*I will know I have done it when:*

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### 06 MY PRAYER

*· God, give me wisdom and discernment to make smart, legal, and ethical financial decisions...*

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# When to Grow Your Money

*Understanding times & seasons*

**SCRIPTURE FOR THIS WEEK**

*"There is a time for everything, and a season for every activity under the heavens."*

**Ecclesiastes 3:1**

**01 MY WEEKLY INTENTION**

*Mon · What is one financial decision you delayed — and what was the honest cost of that delay?*

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**02 SCRIPTURE REFLECTION**

*Tue · What is God saying to me through this week's scripture?*

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**03 MID-WEEK CHECK-IN**

*Wed · We are over halfway through. What is the single biggest shift in your thinking about money since we started?*

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# When to Grow Your Money

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## 04 WHAT I LEARNED THIS WEEK

*Sat · How did this week's teaching change how you think about timing in investing?*

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## 05 MY ACTION STEP

*Sat · One area where I sense God is calling me to move (or wait) with my finances right now:*

*This week I will:*

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*By this date:*

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*I will know I have done it when:*

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## 06 MY PRAYER

*· Lord, give me discernment to know the times and seasons. Help me not to rush or delay...*

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# Legacy Building & Estate Planning

*Passing on your inheritance*

## SCRIPTURE FOR THIS WEEK

*"A good person leaves an inheritance for their children's children."*

**Proverbs 13:22**

### 01 MY WEEKLY INTENTION

*Mon · What is one thing you want the next generation to know about money that you wish someone had told you?*

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### 02 SCRIPTURE REFLECTION

*Tue · What is God saying to me through this week's scripture?*

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### 03 MID-WEEK CHECK-IN

*Wed · What is one financial action you will take in the next 30 days as a direct result of this cohort? Be specific.*

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# Legacy Building & Estate Planning

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## 04 WHAT I LEARNED THIS WEEK

*Sat · What legacy do I want to leave — and what does this week's teaching make possible?*

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## 05 MY ACTION STEP

*Sat · One concrete step I will take to begin building or protecting my legacy:*

*This week I will:*

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*By this date:*

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*I will know I have done it when:*

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## 06 MY PRAYER

*· Father, I want my life to count beyond my lifetime. Help me build something that honours You...*

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